

F)(S) Our WELL Scorecard: How we measured up

Preconditions are necessary for all levels of WELL Certification, and **Optimizations** are optional pathways for projects to demonstrate achivement in WELL.

Air

Preconditions

Fundamental air quality Smoke-free environment Ventilation effectiveness

Optimizations

Enhanced air quality
Enhanced ventilation
Pollution infiltration management
Air filtration
Microbe & mold control

Water

Preconditions

Fundamental water quality Water contaminants Legionella control

Optimizations

Enhanced water quality Water quality consistency Drinking water promotion Moisture managment

Nourishment

Preconditions

Fruits & vegetables Nutritional transparency Refined ingredients

Optimizations

Refined ingredients
Food advertising
Artificial ingredients
Portion sizes
Nutrition education
Mindful eating
Special diets
Food preparation

Food production

Light

Preconditions

Light exposure & education Visual lighting design

Optimizations

Glare control

Enhanced daylight access

Occupant control of lighting environment

Movement

Preconditions

Active buildings & communities Visual & physical ergonomics

Optimizations

Movement network & circulation
Active commuter & occupant support
Physical activity opportunities
Physical activity spaces & equipment
Exterior active design
Physical activity promotion

Thermal comfort

Preconditions

Thermal performance

Optimizations

Individual thermal control Humidty control

Sound

Preconditions

Sound mapping

Optimizations

Maximum noise levels Sound barriers

Materials

Preconditions

Fundamental material precautions Hazardous material abatement Outdoor structures

Optimizations

Waste management Long-term emission control Short-term emission control Material transparency

Mind

Preconditions

Mental health promotion Access to nature

Optimizations

Mental health support
Restorative spaces
Enhanced access to nature
Focus support
Tobacco prevention and cessation

Community

Preconditions

Health & wellness awareness Integrative design Occupant survey

Optimizations

Enhanced occupant survey
Health services & benefits
Health promotion
New mother support
Organizational transparency
Accessibility & universal design
Emergency preparedness