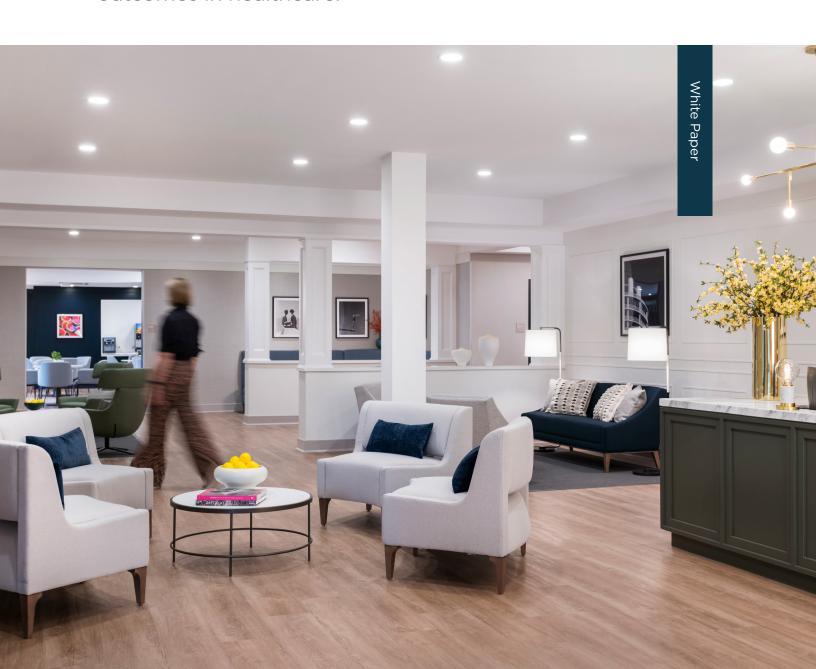
# The Hidden Cost of Ugly Furniture

How aesthetics, performance, and perception shape patient experiences and operational outcomes in healthcare.



### Introduction

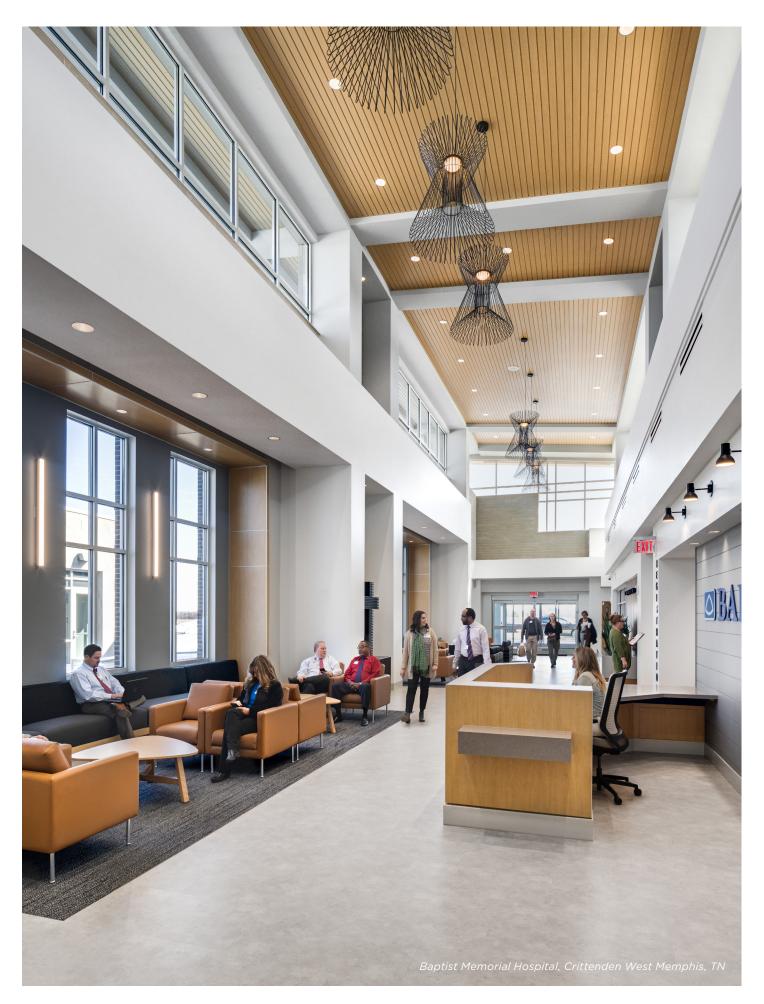
In healthcare, everything matters—from the quality of clinical care to the condition of the chairs in the waiting room. Yet while billions are invested in advanced technology, high-performing staff, and upgraded facilities, one critical element is often overlooked: the furniture.

Too often, healthcare environments are filled with furniture that's outdated, mismatched, uncomfortable, or—put simply—ugly. While it may seem harmless, ugly or poorly designed furniture has a tangible cost. It can erode patient trust, increase staff fatigue, shorten product lifespans, and even negatively influence health outcomes.

This paper outlines the tangible and intangible costs of "ugly" furniture and makes the case for evidence-based, emotionally supportive, and operationally efficient design.



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## First impressions are clinical

For patients and families walking into a hospital, the furniture is one of the first things they notice—and one of the last things they remember. It sets the tone before a single word is spoken. Is it soft and welcoming, or cold and clinical? Does it feel clean and cared for, or tired and neglected?

In healthcare, every detail communicates something. And furniture says a lot: about dignity, about safety, about whether people are truly seen. Environments that feel institutional can unintentionally reinforce anxiety, while those that are human-centered can quietly reassure: you're in good hands.



#### The hidden cost:





#### Patient confidence and satisfaction

75% of patients say their perception of care begins with their surroundings.¹ A frayed chair, mismatched seating, or outdated woodgrain laminate sends an unconscious signal: this space isn't well maintained. When patients or their families perceive neglect in the environment, they may question the quality of care—whether fair or not. This directly affects **HCAHPS scores** and **Google reviews**, both of which influence marketability and CMS reimbursement rates.

Furniture that rapidly shows wear (fading, seam failure, cracked surfaces) hurts brand perception and undermines patient satisfaction—even if clinical care is excellent. This kind of sensory degradation erodes **trust and emotional comfort.**<sup>2</sup>

Such physical deterioration also poses **infection control concerns**, especially in high-touch areas where cracked seams or porous surfaces can harbor pathogens.



#### **Brand perception and reputation**

Healthcare systems often invest heavily in architectural design and branding—but neglecting furniture can break that experience at the last mile. High-end lobbies with tired-looking furnishings create brand dissonance. Designers call it a "visual speed bump." It undercuts trust, and for private systems, impacts patient retention.

As healthcare shifts from institutional delivery to **consumer choice**, design has become a competitive differentiator. In a market where patients **research**, **compare**, **and rate** facilities, physical environment—especially furniture and furnishings—can directly impact brand perception and patient preference.



#### Patients form lasting impressions—fast

According to research published in Health Environments Research & Design Journal (HERD), patients form strong opinions about care quality within the first 30 seconds of entering a space, heavily influenced by visual cues like furniture, lighting, and cleanliness (Ulrich et al., 2008).

A cold, dated, or damaged waiting room signals indifference, even before clinical care begins. "The physical setting contributes to patients' first impressions, which shape satisfaction and loyalty—even more than clinical outcomes in some outpatient settings." — Ulrich, R., et al., HERD Journal



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#### Staff recruitment and retention

Healthcare professionals, especially nurses and allied staff, are increasingly discerning about their work environments. Warm, modern, and thoughtfully designed interiors communicate that an organization values both its people and its mission. Conversely, cold, outdated, or institutional spaces contribute to emotional fatigue, lower morale, and increased turnover—especially in high-stress roles. In an era where staff shortages are one of the greatest threats to healthcare operations, design becomes a strategic tool—not just a finishing touch.

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## Bad design is hard on the body

Healthcare environments serve a uniquely diverse group of users—each with different physical, emotional, and functional needs.

That includes patients of all ages and mobility levels, family members experiencing stress or grief, and clinicians who may be on their feet for 8 to 12 hours a day. This complexity makes healthcare furniture fundamentally different from residential or commercial furnishings. It must perform across a wider spectrum of uses, emotions, and body types—often all in the same space.

When furniture is designed without that nuance—too low, too narrow, poorly positioned, or hard to operate—it doesn't just underperform; **it introduces friction into care delivery**. That friction can slow workflows, increase caregiver strain, reduce patient autonomy, and compromise the emotional tone of the environment.

In short, bad furniture makes hard jobs harder—and hard moments even harder.



#### The hidden cost:



#### Injury risk and liability

Consider a recliner with stiff controls or one that requires excessive force to operate—this creates transfer risks for both patients and caregivers. An unstable chair or too-low seating increases fall risk. These are not hypothetical—hospitals pay millions annually in slip/fall or strain-related lawsuits, many tied to environment-based failures.



#### **ADA** noncompliance

Noncompliant seating and furnishings can **limit mobility for patients with disabilities, create safety hazards**, and expose healthcare facilities to **legal liability. Noncompliance** can result in fines of **up to \$75,000 for a first violation** and **\$150,000 for subsequent violations**, in addition to civil suits and reputational damage.<sup>3</sup>



#### Caregiver burnout and turnover

Nurses and caregivers already face intense physical demands. If the furniture they interact with daily adds friction—non-intuitive operation, poor ergonomics, no storage for essential tools—it contributes to **cumulative strain injuries**, low morale, and faster burnout. Replacing a nurse can cost a system \$40,000 to \$60,000 or more in turnover-related expenses.



#### Non-inclusive design costs

Furniture that isn't designed for bariatric, pediatric, elderly, or disabled patients increases the need for special accommodations—or worse, causes patients to feel excluded or unsafe. This can delay care, increase staff workload, or require costly stopgap solutions.

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## Ugly furniture wears out faster

When aesthetics are ignored, performance usually follows.

Inexpensive materials, exposed hardware, hard-to-clean fabrics, and inflexible designs lead to a faster breakdown—and more frequent replacements. A review in HERD confirmed that healthcare environments influence infection rates, medical errors, patient satisfaction, and staff outcomes.<sup>4</sup>



#### The hidden cost

short-term = long-term expense

Broken furniture means taking spaces offline. That could mean fewer beds, fewer patient visits, or longer waits.



#### Total cost of ownership (TCO)

A chair that's \$200 cheaper but needs to be replaced every 3 years will cost more than a well-built, modular piece that lasts 10+ years with replaceable parts. Yet procurement often favors the lowest bid. This short-sightedness leads to higher capital expenses over time—especially when multiplied across departments or facilities.

High-quality furniture with durability testing can last 30% longer, reduce failure rates by 40%, and significantly lower replacement frequency. Life cycle cost modeling consistently shows that cheap furniture may cost more over time—due to maintenance, additional purchases, cleaning, and disposal—than a more expensive piece with greater longevity.

#### Key takeaways:

- Invest in modular, durable, ergonomic, and cleanable furniture built to withstand heavy everyday use.
- Incorporate biophilic and tactile design (textures, warm finishes, natural patterns) to reduce stress and support healing.
- Audit existing furniture for wear patterns, ADA alignment, hygiene compatibility, ergonomics, and brand fit.
- Conduct a TCO analysis rather than upfront cost comparison; account for lifespan, maintenance, risk reduction, and user comfort.



#### **Environmental waste & brand risks**

Constant replacement means more landfill waste, which contradicts the sustainability pledges of many healthcare systems. This misalignment with ESG goals can create PR vulnerabilities, loss of LEED or WELL certifications, and missed grant opportunities tied to green building efforts.

In user surveys, people consistently rated door knobs, railings, and medical equipment higher for perceived contamination. Although direct data on furniture is limited, worn-looking surfaces likely fall into similar categories, influencing discomfort and anxiety. That anxiety can reduce patient compliance, negatively affect satisfaction, and reflect poorly on public feedback channels.

#### Key takeaways:

- Prioritize furniture meeting healthcare cleanability benchmarks (steam/UV exposure resistance, sealed seams, antimicrobial finishes).
- Choose low-emitting, certified materials (e.g. ECO-label, PFAS-free) to reduce chemical risks and support healthy indoor air quality.
- Monitor wear patterns and user perception—e.g., deploy post-occupancy surveys that include questions about furniture condition and comfort.
- Integrate ESG considerations into furniture strategy, including material selection, lifecycle planning, and end-of-life reuse or recycling.



#### **Downtime & operational disruption**

Broken furniture means taking spaces offline. That could mean fewer beds, fewer patient visits, or longer waits. Multiply that by the dozens (or hundreds) of pieces across a system, and the financial impact from downtime becomes measurable—often in the tens or hundreds of thousands per year.

Maintenance departments often lack capacity or expertise to manage frequent furniture repairs, relying on outsourced services that lead to long **downtime durations** and delayed resolutions.<sup>6</sup> Even minor repairs require labor and logistics time. Interviews and reports suggest that many simple issues (e.g. damaged wheels, loose fasteners) persist for weeks before being resolved—disrupting workflows and room availability.

#### Key takeaways:

- Invest in furniture that's durabilitytested (BIFMA) for high-traffic healthcare settings: reinforced frame, impact-resistant hardware, chemical-resistant finishes.
- Standardize on modular systems with interchangeable components, enabling in-house repair rather than full replacement.
- Train maintenance and clinical teams on proper use and basic care of furniture to reduce user-induced damage.
- Adopt real-time failure tracking (work orders, inventory logs) to identify bottlenecks, recurring issues, and persistent design flaws.

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## **Beauty is evidence-based**

Research increasingly shows that well-designed environments reduce stress, lower blood pressure, and even shorten hospital stays. Furniture plays a critical role in creating those healing spaces.



#### **Supporting research:**



#### Stress driven outcomes

Research shows that stress slows healing, raises blood pressure, and increases medication needs. If a space feels harsh or sterile, patients subconsciously experience more anxiety. Calming aesthetics and hospitality-grade furniture help lower that baseline stress. This leads to **shorter stays**, better compliance with treatment, and **improved pain tolerance**—all linked to cost savings.



#### **Negative behavioral responses**

In behavioral health or pediatric environments, cold, institutional furniture can escalate tension or trigger trauma. Environments designed to feel like home—with soft lines, warm textures, and residential cues—create safety and trust.<sup>7</sup> The absence of such design often results in increased **incident reports, staff injuries, or even patient elopement**—each a serious cost center.



#### Missed staff efficiency gains

Well-designed furniture supports smoother workflows: integrated power, intuitive mobility, quick-clean surfaces. When ignored, caregivers must improvise—adding steps, searching for supplies, or adjusting to clunky furniture. Even an extra 3 minutes per patient x 20 patients/day x 250 days/year adds up to 250+ hours of lost care time per employee.

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## The ROI of thoughtful design

"Buy nice or buy twice" is more than a cliché in healthcare—it's a principle of smart, human-centered design.

Good furniture affirms a health systems commitment to care. It makes environments safer, experiences richer, and operations smoother. And over time, it delivers returns that far exceed its purchase price—through improved patient satisfaction, healthier staff, and dramatically lower replacement and liability costs.



#### Measurable returns



#### Reduced replacement frequency

Investing in modular, reconfigurable furniture means broken parts don't mean full replacements. Cracked vinyl and seams harbor bacteria—undermining infection-control efforts. With planned refresh kits and swappable components, furniture lasts longer—helping control capital expenditures.



#### Improved patient throughput

Better flow, more intuitive use, and reduced anxiety mean **shorter lengths of stay**, fewer appointment delays, and more efficient throughput—all measurable by improved scheduling and billing metrics.



#### Real estate optimization

With compact, multi-functional, or mobile furniture, facilities can get more utility from the same footprint. This translates to **space efficiency**, future-proofing, and less need for expensive renovations.



#### **Elevated perception = increased revenue**

A healthcare system that **looks advanced** is more likely to be **perceived as being advanced**. This influences referral rates, donor contributions, and partnerships—especially in academic or private settings. Modern, appealing environments help attract research dollars and philanthropic support.

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A healthcare system that looks advanced is more likely to be perceived as being advanced.



## Conclusion: invest in what they see, sit in, and remember

Healthcare isn't just about the medicine—it's about the experience. Furniture may be one of the most visible and tactile parts of that experience, and affirms a healthcare provider's commitment to dignity, safety, and healing. The wrong furniture? It silently chips away at all of that.

It's time to stop seeing furniture as a commodity—and start seeing it as a clinical tool, an operational asset, and a human statement.

So the next time someone calls for the "cheapest option," ask them:

What's the real cost of ugly furniture?



## **About Carolina**

#### At Carolina, we believe healthcare furniture should feel as good as it functions.

That's why every piece we design is grounded in research, built for real-world performance, and designed with intention—supporting both the clinical needs of caregivers and the emotional needs of patients and families.

With decades of experience in healthcare environments, we know that beauty isn't just aesthetic—it's therapeutic. Thoughtful design promotes dignity, reduces stress, and transforms institutional spaces into places of care.

From waiting rooms to patient rooms, and from the first impression to the final outcome, **Carolina helps create environments that heal—beautifully.** 

#### **Citations**

<sup>1</sup>The Beryl Institute, "Patient Experience Perspectives," 2022

<sup>2</sup>What to remember about long-term care furniture - McKnights Long-Term Care News https://www.mcknights.com/marketplace/what-to-remember-about-ltc-furniture.com

<sup>3</sup>U.S. Department of Justice, ADA Civil Penalties Adjustment Act of 2015: www.ada.gov

<sup>4</sup>Ulrich, R. et al., "A review of the Research Literature on Evidence-Based Healthcare Design, "HERD Journal, 2008

<sup>5</sup>Ways in which healthcare interior environments are associated with perceived safety against infectious diseases and coping behaviours, PMC, PubMed Central <sup>6</sup>Defect management of hospital buildings, PMC, PubMed Central

 $^{7}Consumer\ Insights:\ Prioritizing\ Quality\ Over\ Initial\ Costs,\ RTS\ Labs\ https://www.irtslab.com/blog/furniture-durability-testing-and-costs.com/blog/furniture-dur$ 



