



CEU offering

Power of Choice

A CEU course sponsored by OFS



Course description: The Power of Choice is the bridge between science and human experience in the workplace. As the world of work evolves, so do the expectations of the people within it. Choice and flexibility have shifted from desirable perks to essential components of performance, engagement, and well being. This course explores the forces driving that change including technological advancement, the pandemic, artificial intelligence, and generational evolution and examines how human psychology and design intersect to create workplaces where people thrive. Participants will learn to apply research based design principles that support autonomy, competence, and connection, and understand the measurable return on investing in environments that empower choice.

What you'll walk away with:

- Understand the forces that have made choice essential in today's workplace
- Recognize how generational shifts are redefining values, expectations, and trust at work
- Connect the psychology of choice to core human needs for autonomy, competence, and connection
- Apply design strategies that enable choice through spatial planning
- Explain the ROI of choice on engagement, retention, well-being, and organizational health

CEU credits:

- 1.0 IDCEC CEU credit
- 1.0 HSW credit
- 1.0 AIA CEU credit