



# **OPERATING INSTRUCTIONS FOR STT8 CONTROL**



# Paddle (1):

## Seat Height Adjustment

To raise the seat height: Stand up (or raise your body; so there's no pressure on the seat), lift the paddle to raise the seat height. To lower the seat height: Sit in the chair and lift the paddle to lower the seat height.



# Knob (2):

#### **Tension Control**

To tighten the tension: when seated, pull out and turn the knob towards the front of the seat (clockwise).

To loosen the tension: when seated, pull out and turn the knob towards the back of the seat (counterclockwise).



## Knob (3):

# Synchronized Seat and Back Tilt Adjustment

To adjust: Turn the knob toward the front of the seat (counterclockwise) to unlock, lean back to adjust the seat and back posture. Turn the knob towards the back of the seat (clockwise) to lock in position. It can be locked in 5 positions. It has the safety feature when you turn the knob to unlock, the back won't release right away, prventing it from hitting your back. In order to change the locking position you must lean on the back, to give some pressure, to disengage the lock.



### STT8-SS3 Control Only

#### Paddle (4):

#### Seat Slider

To adjust, sit on the chair, pull the paddle up and slide the seat forward or back to adjust seat depth.

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