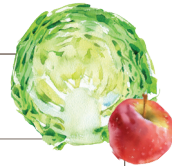


Apple & Cabbage Salad



Serves: 4-6

Prep time: 15-20 min.

Cook time: none

Ingredients

- 4 cups chopped green cabbage
- 1 cup baby curly kale leaves
- 2 Gala or Johnagold apples, unpeeled, chopped in large pieces
- ¼ cup red onion, chopped
- ½ cup blanched whole almonds, toasted, or Marcona almonds
- ½ cup aged white cheddar cheese, crumbled

Dressing:

- 2 tablespoons Bragg's apple cider vinegar
- 1 tablespoon Dijon mustard
- 2 tablespoons honey
- 1 teaspoon salt
- ¼ cup extra virgin olive oil
- 1 tablespoon toasted sesame oil



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For your 4x6 recipe card - print 2-sided & trim along dotted line.
Cardstock is preferred



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Apple & Cabbage Salad

Directions

1. Place salad ingredients not including dressing ingredients in a large bowl.
2. In a small bowl, mix the vinegar, mustard, honey, and salt. Gently stir in olive oil and sesame oil. Toss with cabbage and apple mixture and serve immediately.



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Backside. Please refer to opposite side for printing and cutting instructions



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